



**LTA Accredited Coach**



**Low Coach Pupil Ratio**



**Player of the Week Awards**



**Equipment Provided**



**Coaching for all Ages & Abilities**



**Family Discounts**

## **Kelsall Tennis Club Summer Term Junior Coaching Courses 2024**

<b>School Year</b>	<b>Course Length</b>	<b>Course Type</b>	<b>Course Day</b>	<b>Course Times</b>	<b>Start Date</b>	<b>End Date</b>	<b>Course Cost (£)</b>
3-6	6 Wks	LTA Youth Girls	Monday	5.00-6:00pm	15 Apr	3 June	£34.99
4-6	10 wks	Girls Imp/Intermed	Monday	6.00-7:00pm	15 Apr	8 July	£70
7-10	10 wks	Girls Imp/Intermed	Monday	7.00-8:00pm	15 Apr	8 July	£70
Pre	6 Wks	Parent&Pre-School	Thursday	1.45-2.30pm	18 Apr	23 May	£32/£21(*)
1-4	6 Wks	LTA Youth Girls	Thursday	5:00-6:00pm	18 Apr	23 May	£34.99
1-4	6 Wks	Girls Improver	Thursday	6:00-7:00pm	18 Apr	23 May	£42
Rec-2	6 Wks	LTA Youth Girls	Saturday	9:00-10:00am	20 Apr	8 June	£34.99
7-11	10 Wks	Jnr Imp/Intermed	Saturday	10.45-11:45am	20 Apr	6 July	£70
Rec-2	10 Wks	Junior Beg/Imp	Saturday	3:00-4:00pm	20 Apr	6 July	£70
3-5	10 Wks	9&U/10&U Squad	Saturday	4:00-5:00pm	20 Apr	6 July	£70
4-6	10 Wks	Jnr Imp/Intermed	Sunday	3:00-4:00pm	21 Apr	7 July	£70
Rec-2	5 Wks	Family Coaching	Sunday	4.00-4.45pm	21 Apr	19 May	£30/£35(*)
3-6	5 Wks	Family Coaching	Sunday	4.00-5.00pm	9 June	7 July	£30/£35(*)

(\*) £25 discount off Family Membership or £12.50 off Adult Membership for New Members attending Family Coaching or Pre-School Coaching Course

### **Courses Descriptions**

#### **LTA Youth Girls**

Players receive 6 x one hour lessons by a trained LTA Youth Girls Coach, a racket and ball set and a customised t-shirt for the cost of £34.99. The introductory courses are fun based and energetic, aimed specifically at players aged 4-16 years who are either new to tennis or who have lapsed playing – For further details see the LTA link:

#### **Junior Beginner/ Improver & Improver/Intermediate Courses**

Players new to tennis focus on developing good rallying skills through learning tennis specific movements and improving balance and co-ordination. They learn the basic techniques needed to rally, serve and volley. More experienced players develop more advanced techniques so they can play with more variety using spin and pace. They also work on improving their tactical awareness through better court positioning and shot selection, practised through a mix of singles/doubles play. They also learn the values of good sportsmanship, leadership and teamwork.

#### **Family Coaching / Parent and Pre-School Coaching**

Fun based learning where parents assist with their children's skill development and in the case of the Family Coaching enjoy some social doubles play mixing with other parents. Family Coaching Groups are split by the child's age and ability.

- **Players MUST be a Member of Kelsall Tennis Club if age 5 years or above on 1 September 2023 to attend the term time coaching courses with the exception of Family Coaching, Pre-School Coaching and the LTA Youth Girls Courses. See Club Membership: [kelsalltennisclub.net](https://kelsalltennisclub.net)**
- Course bookings should be made online: [clubspark.lta.org.uk/AceTennisChester](https://clubspark.lta.org.uk/AceTennisChester)
- 10% discount on course fees for siblings.
- No term time coaching 6 May, 25 May –2 June